

Rowena Naufal

I bring a range of experiences and qualities to coaching, the most important being a genuine interest in people and respect for their resourcefulness and ability to manage their own lives. At times we all need to reflect and find some perspective. Coaching offers a supportive, confidential and non judgmental way to work through issues and options.

My background is in Careers counseling and Secondary teaching. In ten years of counseling I helped to clarify strengths, goals and opportunities. In teaching I worked in many areas including as a Year level coordinator, English assessor and bookshop manager. My most scenic job was delivering computer training with Parks Victoria, through the Alpine and Central regions.

I am currently the Executive Officer of CEACA, the Continuing Education & Arts Centre of Alexandra, an ACE provider in rural Victoria. This gives me insight into the particular joys and frustrations of working in the government and community sector. I managed the ACFE funded Research Circle: Encouraging more men into ACE. I am also managing the follow up Springboard Demonstration Grants, incorporating University research to help to develop practical models to improve accessibility and outcomes for ACE programs.

I have had the luxury of sharing in formal and informal mentoring and coaching support with my peers for most of my working life. I know the positive value of talking through a problem. Everyone faces difficulties: coaching can help you to deal with them effectively, in your own way.

Bachelor of Arts
Graduate Diploma of Careers Counseling
Graduate Diploma of Teaching
Certificate IV in Assessment and Workplace Training
Good listener